Available Position: Part-Time Strength and Conditioning Coach
Department: Athletics
Reports to: Director of Athletics
FLSA Classification: Exempt (Salary)
Full/Part-time: Part-time (spring session)
Date Posted: January 27, 2021
Start Date: February 1, 2021

About The Hockaday School:
The Hockaday School is an independent, college preparatory day and boarding school for girls of strong potential and diverse backgrounds who may be expected to assume positions of responsibility and leadership in a rapidly changing world. With an enrollment of almost 1,100 students, The Hockaday School is the nation’s largest prekindergarten through grade 12 independent girls’ school. Ranked among the country’s finest college preparatory schools, it was founded over a century ago and continues today to build on its original Four Cornerstones: Character, Courtesy, Scholarship, and Athletics.

Hockaday’s faculty are recognized as experienced leaders in their field and students in every grade benefit from outstanding faculty and access to unmatched resources. Families who choose Hockaday care deeply about providing their daughters with a comprehensive and rigorous education, both inside and outside the classroom. Hockaday’s student body reflects the diversity that is deeply valued by the School. While most Hockaday families come from the greater Dallas-Fort Worth area, Hockaday students also come from across the United States and around the world.

The Hockaday School is an extraordinary place to work, with bright and engaged students and unparalleled professional development opportunities and support.

Position Description:
The Hockaday School invites applications for a Part-Time Strength and Conditioning Coach. This position requires substantial knowledge and leadership in all areas of Strength, Conditioning and overall Sports Performance. The coach should provide an atmosphere in which each student is treated with respect and dignity: creating a positive environment and an opportunity to improve fitness on all levels.

Essential Functions:
• Abide by Hockaday’s Code of Ethics and Conduct;
• Commit to the ideals expressed in Hockaday’s Tenets of Coaching Excellence;
• Abide by all school and conference rules and policies;
• Assist with the design, supervision, and execution of strength training programs for all varsity sports teams and individual athletes;
• Attend to daily maintenance and cleaning of the training facilities;
• Maintain good rapport and cooperative relationships, approach conflict in a constructive manner, and help to identify problems, offer solutions, and participate in their resolution;
• Demonstrate self-directed learning;
• Provide quality instruction by considering the age specific, development and cultural needs through competent clinical practice;
• Practice effective communication in all interactions (student-athlete, co-worker, coaches, etc.);
• Consult with the Sports Medicine and Sports Performance team to plan for training of individuals and teams;
• Participate in regularly scheduled staff meetings;
• Other duties as assigned

Qualifications/Experience:
• Undergraduate degree from a nationally accredited institution in physical education, health, or kinesiology or related field. Master’s degree preferred
• Independent school teaching experience preferred
• Personal Training Certification or documented progress towards certification required
• NSCA Certification preferred
• CPR, AED, First Aid Certification required
• One (1) to five (5) years of experience of full-time coaching experience in the field of strength and conditioning and/or sports performance
• Working knowledge of basic spreadsheet and processing programs, including TeamBuildr
• Strong work ethic, high character, great energy and enthusiasm, strong attention to detail, and the ability to demonstrate effective organizational and communication skills

Physical Requirements and Work Environment:
• Regularly works outdoors in varying weather conditions and climate and in standard fitness center conditions and climate
• Regularly uses close and distance vision, ability to observe students from various distances
• Ability to move in a manner that provides effective demonstration of movements required in Strength and Conditioning
• Ability to regularly lift items weighing up to 50 lbs. and move equipment to and from storage facilities
• Sometimes works in a stressful environment, effectively dealing with a diverse array of contacts
• Stamina to maintain attention to detail despite interruptions and maintain adequate supervision and safety of student athletes
• Ability to frequently work flexible hours to support before or after-school practices and other weekend events as scheduled for the season

Application Requirements:
Qualified candidates should complete an online application for employment under How To Apply at https://www.hockaday.org/about/employment and attach a cover letter and résumé. You will receive an email confirming receipt of your application and additional details to complete the application process. Contact recruitment@hockaday.org with any questions.

The Hockaday School is an equal opportunity employer. It is our policy not to discriminate, and to comply with all applicable state and federal laws prohibiting discrimination in employment based on race, color, sex, sexual orientation, creed, religion, national origin, ethnicity, age, disability, veteran status or other applicable protected classification.