

National Coalition of Girls' Schools



HEADWAYS for Athletic Directors: Developing Girl-Centered Athletic Programs **2019-2020 Overview**

HEADWAYS for Athletic Directors will be facilitated by Catherine Chubb, Athletic Director of Hutchison School. Detailed information for the five topics will be available in mid-June. Dates and times for the five discussions will be announced in mid-August.

Potential topics/areas of discussion: sports medicine and strength and conditioning for the female athlete: sports medicine, athletic trainers, equipment, training practices, injury prevention, levels of staffing for injury prevention, requirements, and classes; college admissions for athletes: role of the athletic department, parental expectations and student-athlete expectations, perceptions about recruiting and “athletics aiding the admissions process”; coaching and teaching Generation Z: parental involvement, player recognition-awards/letters, social media, commitment level, club team conflicts of interest, private training/lessons sportsmanship; transgender and gender identity: implications for athletic programs at all-girls schools, roster policies, league rules, uniforms, locker room accommodations, overnight trips, coach sensitivity, and professional development; developing coaching excellence: best hiring, retaining, supporting practices for coaches, evaluations and assessment, mentoring, other duties and responsibilities, and professional development; policies: pre-game music, senior nights, attendance, and travel; finding, hiring, and retaining female coaches; media coverage and fan engagement for high school female athletes; emergency action plan development