



H E A D W A Y S

head-ways

noun, plural

Definition: To move forward or make progress, especially when circumstances make this slow or difficult.

Synonyms: Progress, make strides, gain ground, advance, proceed, move, get ahead, come along, take shape

HEADWAYS for Athletic Directors: Developing Girl-Centered Athletic Programs **2018-2019 Schedule and Topics**

HEADWAYS for Athletic Directors will be facilitated by Catherine Chubb, Athletic Director of Hutchison School (TN), and will occur at **12:30 p.m. Eastern Time:**

- ❖ **Tuesday, October 16, 2018: *Sports Medicine and Strength and Conditioning for the Female Athlete***
Topics to consider: sports medicine, athletic trainers, equipment, training practices, injury prevention, levels of staffing for injury prevention, requirements, and classes
- ❖ **Tuesday, November 13, 2018: *College Admissions for Athletes***
Topics to consider: role of the athletic department, parental expectations and student-athlete expectations, perceptions about recruiting and “athletics aiding the admissions process”
- ❖ **Tuesday, January 15, 2019: *Coaching and Teaching Generation Z***
Topics to consider: parental involvement, player recognition-awards/letters, social media, commitment level, club team conflicts of interest, private training/lessons
- ❖ **Tuesday, February 12, 2019: *Transgender and Gender Identity: What are implications for athletic programs at all-girls schools?***
Topics to consider: roster policies, league rules, uniforms, locker room accommodations, overnight trips, coach sensitivity and professional development
- ❖ **Tuesday, April 9, 2019: *Developing Coaching Excellence***
Topics to consider: best hiring, retaining, supporting practices for coaches, evaluations and assessment, mentoring, other expectations, duties and responsibilities, and professional development